Ski MK Race Team

Our members are united by a passion to improve their technical ability and take part in Alpine Races.

ERSA

The Eastern Region Snowsports Association (ERSA) is a regional organisation whose emphasis is to encourage participation in Snow sports through fun and enjoyment. Organise regional race series.

Home Nations (HNGB)

Provide competitor membership.



EQUIPMENT

Ski MK favour slalom skis for training in Snozone and recommend the wearing of back protectors and shin guards. It is mandatory to wear a BS approved helmet.

Ski MK Secondhand Equipment Group

> www.skiracing.co.uk www.skibartlett.com www.ski-bitz.co.uk www.solutions4feet.com www.ellis-brigham.com

MERCHANDISE

The club has a range of branded merchandise available on our website from hats to hoodies, to gilets and jackets.

www.skimkraceteam.co.uk

C Ski MK Race Team 2023.2



Quick Guide to Alpine Racing

www.skimkraceteam.co.uk







ALPINE RACING

There are five key disciplines in competitive Alpine Ski Racing:

- Slalom (SL)
- Giant Slalom (GS)
- Super Giant Slalom (Super-G)
- Downhill
- Parallel (SL/GS)



Elite Level

World Cup, World Championships, Europa Cup, Lympics. Selection by GBR.

FIS Races

seeded Federation of International Skii races age 16+.

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Seeding

Competitors registered with their Home National Governing Body (HNGB) attain seed points in qualifying races.

The lowest seed points indicate the best level of performance.

These are BASS, iBARTS and oBAR<u>TS.</u>



Alpine Snow Events

Seeded races hosted by clubs and HNGBs in European Alpine locations.

GBR Series

Seeded VoBARTS series of races by HNGBs outdoor and indoor

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Regional Races ERSA indoor / outdoor races,

Races

Championship

Ski MK Internal Races

Developed for our members to learn about racing at our home slope

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Club National Races

Seeded iBARTS (indoor) and oBARTS (outdoor) races

Club / School Races

May or may not be Seeded iBARTS ((indoor) and oBARTS (outdoor) races hosted by clubs, ESSkiA and Ladies Ski Club

Websites

GBR

www.gbsnowsport.com

Home Nations (HNGB)

www.snowsportengland.org.uk www.snowsportscotland.org www.snowsportwales.com

Regional

www.ersa.co.uk

Race Details, Seeding & Entry

www.gbski.com

Publications

direct with GBS.

www.racer-ready.co.uk

FIS

Racers age 16+ require a medical and licence to compete in Federation of International Skiing Races.

These races are subject to national quotas with priority given to racers with the lowest seed points.
Attendance at FIS races are booked